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Amendments to the Claims:

This listing of claims replaces all prior versions and listings of claims in the application.

Listing of Claims

1. (previously presented) An apparatus, comprising:

a bracelet, the bracelet enclosing a volume and adapted to be attached around an infant's wrist, wherein the bracelet has a wrist-facing side and an outer side opposite the wrist facing side, wherein the bracelet is made of plural layers of fabric on the wrist-facing side and a single layer of the fabric on the outer side, wherein the plural layers of fabric on the wrist-facing side cannot be detached from one another, and wherein the fabric is non-absorbent; and

a plurality of capsules within the volume, wherein each of the plurality of capsules contains a substance that is liquid at room temperature, wherein at least one of the plurality of capsules is approximately as large as the infant's mouth, and wherein the bracelet is adapted to allow the infant to suck on one of the plurality of capsules through the fabricis partially inside the infant's mouth.

- 2. (original) The apparatus of claim 1, wherein the bracelet is elastic and has an inner circumference, and wherein the inner circumference increases when the bracelet is stretched.
- 3. (original) The apparatus of claim 1, wherein each of the plurality of capsules has a rigid covering.
- 4. (original) The apparatus of claim 1, wherein the substance is comprised of a water solution.

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- 5. (original) The apparatus of claim 1, wherein the substance is frozen.
- 6. (canceled)
- 7. (previously presented) The apparatus of claim 1, wherein the bracelet is formed by sewing only three seams in the fabric.
- 8. (previously presented) The apparatus of claim 7, wherein two of the three seams separate the wrist-facing side from the outer side.
- 9. (previously presented) The apparatus of claim 1, wherein the plural layers of fabric are less thermally conductive than is the single layer of fabric.
- 10. (previously presented) The apparatus of claim 1, wherein the plural layers of fabric on the wrist-facing side are sewn together.
- 11. (currently amended) A method, comprising:
- (a) enclosing a substance in a capsule in a bracelet, wherein the bracelet is made of a non-absorbent fabric;
 - (b) attaching the bracelet to a wrist of an infant; and
- (c) insulating the wrist of the infant from a temperature of the substance, wherein at least one of the plurality of capsules is approximately as large as the infant's mouth, wherein the capsule is adapted to allow the infant to suck on the capsule through the non-absorbent fabric.
- 12. (original) The method of claim 11, further comprising, after step (a) and before step (b):
 - (d) cooling the substance.

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13. (original) The method of claim 11, wherein the bracelet encloses a volume, and wherein the attaching the bracelet in step (b) involves inserting the infant's wrist into the bracelet.

14. (original) The method of claim 13, wherein the bracelet is elastic and has an inner circumference, and wherein the attaching the bracelet in step (b) further involves stretching the bracelet such that the inner circumference of the bracelet is increased.

15. (previously presented) The method of claim 11, wherein the capsule has a rigid covering.

16. (previously presented) The method of claim 11, wherein the bracelet is doughnut-shaped and has an inside, wrist-facing side.

17. (previously presented) The method of claim 16, wherein the insulating the wrist of the infant in step (c) involves making the non-absorbent fabric thicker on the wrist-facing side of the bracelet than on an outer side of the bracelet.

18. (previously presented) The method of claim 11, wherein the insulating the wrist of the infant in step (c) involves providing the bracelet with plural layers of the non-absorbent fabric at a location where the bracelet contacts the wrist of the infant.

19. (currently amended) A teether, comprising:

a capsule containing a cooled substance, wherein the capsule is approximately as large as an infant's mouth; and

means for attaching the capsule to a wrist of anthe infant, for insulating the wrist of the infant from the cooled substance, and for allowing the infant to suck

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on the capsule through the means without allowing the means to absorb the infant's saliva.

- 20. (original) The apparatus of claim 19, wherein the means constricts around the wrist of the infant.
- 21. (previously presented) The apparatus of claim 19, wherein the means is made of a non-absorbent fabric.
- 22. (new) The apparatus of claim 1, wherein the bracelet is adapted to allow the infant to suck on one of the plurality of capsules through the fabric.